

QUICK & EASY MINI-LESSON

The Roots Nobody Sees

Jeremiah 17:7-8 · 6 minute read

The tree by the water is not remarkable for its leaves. It is remarkable for where its roots go.

Jeremiah paints two pictures: a shrub in the desert and a tree planted by water. The difference between them is not effort or scenery. It is proximity to a source.

The tree still meets heat. It still meets drought years. What it does not do is worry — because its roots already reached the water long before the dry spell arrived.

Rooting happens in unremarkable moments: the ten quiet minutes, the verse you reread, the prayer nobody heard. September is a good month to tend roots.

Ask yourself what your soul reaches toward first when you are anxious. That reach, repeated, is what a root is.

Reflect

- Where are your roots currently reaching for water?

- What is one small, repeatable practice you could root into this month?

- What do you reach for first when you are afraid?

Lord, send my roots toward You. Let me be steady in the heat because I was faithful in the quiet. Amen.